



# Ozarka College Connection

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## DEADLINE!!!!

April 1 to file Intent to Graduate.



## From the Kitchen

Sign up for Text alerts each morning for the daily menu in my.Ozarka

Now serving a grilled item each day, along with a Salad Bar, Soup, Chicken Strip, and the daily entrée. The menu is online so check it out!  
**Lunch Served 11AM-12:30 PM (12:15 on Fridays)**

## Ozarka Participates in Cultural Exchange

Cultural Anthropology students from Ozarka College - Mountain View met face-to-face with English language students at Gorno Altaysk State University (GASU) in Siberia during a live online conference on Tuesday, March 2, 1010. While it was the evening in Mountain View, the students at GASU were meeting the morning of March 3rd. Gorno Altaysk is the capital of the Altay Republic, an autonomous member of the Russian Federation located deep in central Siberia.

Using Skype, a free online service, the students engaged in a cultural exchange. Regional arts, crafts and music of the respective regions were shared along with interactions about social and civic topics.

The online meeting was facilitated by Ozarka College adjunct instructor, John C. Van Orman of Mountain View and GASU English teacher Maria Ostanina of Gorno Altaysk. The two had met during

a visit to Siberia by Mr. Van Orman in 2005. Their friendship and academic partnership were cemented when Van Orman and his wife, Terri, hosted a delegation of faculty and administrators from Gorno Altay visiting the University of Kansas in 2007.

There were several others present for the meeting including Ozarka administrators, Vice President for Academic Affairs, Dr. Michael DeLong; and Vice President for Student Services, Ron Helm. Also attending was

Director of Operations at Mountain View, Gin Brown; and faculty members, Jeremy Nicholson, English; Cheri McKee-McSwain, Art and Communications; and Mike Jordon, Mathematics. Participating from the Arkansas Craft School was Executive Director, Terri Van Orman.

Part of the exchange between the students included demonstrations of art, music and language, as well

as the students sharing cultural information such as courtship, marriage, recreational activities, holiday rituals, environmental issues, educational systems and food traditions.

DeLong and other administrators are hopeful that this is the first in such exchanges with GASU. "This is a great opportunity for Ozarka College students to experience diversity firsthand with another culture. We commend the work by many that went into setting up this exchange. It was a worthwhile event and something we hope can be continued."

## Around Campus

- ◆ **Test Taking Workshops**  
March 15th 2 p.m. Miller Bldg.  
March 16th 12:30 p.m. MV102  
March 16th 3:30 p.m. AFSC104
- ◆ **TRiO Math Lab** March 15  
4:30-5:30 p.m. OC-Ash Flat  
AFSC 106
- ◆ **Culinary Arts Gourmet Night**  
Next event is March 18th  
Get reservations now by calling  
368-2062
- ◆ **SPRING BREAK! Enjoy!**  
**March 22-26**
- ◆ **LPN App. Deadline**  
April 1st for Fall 2010  
(see page 4 for details).
- ◆ **Intent to Graduate**  
**Deadline: April 1st!**

**FOR THE MOST CURRENT EVENTS AROUND CAMPUS CHECK THE ONLINE CAMPUS CALENDAR AT WWW.OZARKA.EDU UNDER NEWS & EVENTS**



For more photos from this event as well as from institution in Siberia, see Ozarka's Facebook page.



[www.facebook.com/ozarkacollege](http://www.facebook.com/ozarkacollege)



*"We have the best faculty in the state in my opinion and they provide the very best possible learning opportunities for our students. ."*  
-Richard L. Dawe  
President

Ozarka Kids Academy  
Melbourne, Arkansas



## College Update from the President

With graduation right around the corner and the onset of spring it's amazing how quickly this academic year has come and gone. We have record numbers of students enrolled in existing programs, and plans to pursue several new and exciting programs of study, including a Corrections program for employment in correctional facilities; Banking and Finance; Diesel Mechanics and Medical Office Administration. These still require further research and assessment of their viability but look promising at this point for future offerings. Of course new program opportunities also may require additional space as we grow in enrollment and scope.

Our new building that includes a nursing center and student center in Mountain View will be in the construction phase this summer and with the enrollment growth at all sites we'll be developing plans for future building requirements very soon. At the risk of stating the obvious, parking is a scarce resource at both Mountain View and

Ash Flat. We quickly added temporary parking at Ash Flat at the beginning of this semester and are planning to add additional permanent parking there soon. The new parking at Mountain View will be added early in the construction phase to provide much needed relief to students, staff and faculty. The need for new facilities and parking is a very good problem to have. It means we're growing and educating more students which will ultimately result in additional job opportunities and enhanced standards of living.

The College Self-Study continues as part of our preparation for the November Accreditation Team visit from the Higher Learning Commission. Much work has been accomplished by so many faculty and staff to this point and we have gained a great deal of clarity on what we do well, that must be continued, and also areas that need improvement. I am confident that all the work and self-assessment will result in very favorable reviews from the visiting team. I sin-

cerely appreciate the hard work and leadership from all involved.

I want to thank our students for their engagement when asked how we might improve services and programs. Whether it's through surveys or departmental meetings, or attending student government activities, your input and ideas are very important and will receive attention. You are the reason we are here! It's our intent to be student-focused in every decision we make for the College. We have the best faculty in the state in my opinion and they provide the very best possible learning opportunities for our students. Please join me in showing your appreciation for them when you have the opportunity. Enjoy the spring weather and our beautiful part of the state.  
Best of Success!

Richard L. Dawe, Ph.D.  
President, Ozarka College

## Kids Academy Hosting Fundraiser

The Parent Advisory Board of the Ozarka Kids Academy (OKA) is hosting a fundraiser with *Antiquities Unique Portraits* on Friday, March 19 and Saturday, March 20 in the lobby of the John E. Miller Building at Ozarka College in Melbourne.

The OKA Parent Advisory Board will be selling coupons for \$10.00. Each coupon entitles the customer to a 10x13 sepia portrait. The impressive portraits are offered by professional staff and highly-trained photographers. After purchasing a coupon, each customer will be called for a sitting appointment prior to photography date. These portraits are guaranteed in time for Easter.

*Antiquities* studio will provide clothing and props to personalize the moment. The photographer will create special shots utilizing a variety of old fashioned props.

For more information or to purchase a coupon, contact Ozarka Kids Academy at (870) 368-7868. All proceeds from coupon sales will go toward purchasing items needed for the program to become quality approved under the new Better Beginnings program. The Ozarka Kids Academy provides childcare and early childhood education for children from six weeks to five years in age.

# Health & Nutrition Corner

by Hunter Caraway, guest writer

March is here and with it comes the observance of National Nutrition Month. We have to face the facts and realize that we all need to be active in promoting health, whether it is within the home or at the office. Arkansas continues to hang around the bottom of most state-based health statistics. Based on the yearly health statistics, in 08' Arkansas ranked 43<sup>rd</sup>. But on a more positive note, we had the highest overall health improvement (8.3%). Some highlights were low binge drinking, and moderate health funding per person (\$73). Some challenges were the overall obesity rate (29.3%), high occupational fatality rate (10 in 100,000), and a high cancer rate (213 in 100,000). But probably the most exciting was the drop in smokers. 29% to 23%. Obesity is going to continue to be a dilemma in Arkansas until we as parents introduce a healthier diet, less T.V., and supplementary education into our homes. Our kids are going to model what they do after us, so we have to be responsible and take the appropriate action. A quick way to incorporate a healthier lifestyle is to check out [mypyramid.gov](http://mypyramid.gov).

## Spring Carnival Slated for April 15



Ozarka College is again hosting a Spring Carnival in Melbourne from 4:00 p.m. until 6:00 p.m. on Thursday, April 15<sup>th</sup> in front of the John E. Miller Education Complex. The Spring Carnival will be **FREE** to Ozarka College students, their families and the community.

Many departments, programs and student organizations will be involved in the event again this year. There will be contests, fun, food and games for children of all ages. Some of the activities will include Games this year will include the National Guard Rock Climbing Wall, drunk-driving simulator, face-painting, pick-up ducks, photo booth, dart throw, bean bag toss, grand-prize game, and other carnival type activities. Everything at the event will be **FREE** of charge and open to the public.

Organizer for the event, Jennifer Miller states, "The Spring Carnival is open to our students, their families and the community. Last year this event drew over 750 people and we hope to do the same again this year." For further information or questions about this event, contact Jennifer Miller at 368-7371 or [jmiller@ozarka.edu](mailto:jmiller@ozarka.edu). The event is funded in part by a grant received from the Arkansas Collegiate Drug Education Committee.

## Fitness Ball Classes to Begin March 29

Ozarka College Paul Miller Fitness Center will offer two separate six week beginning fitness ball classes on Mondays and Thursdays March 29-May 5. There will be a class at Melbourne Elementary School from 4:00-5:00 p.m.; and one at Ozarka College Fitness Center from 5:00 – 6:00 p.m.

Fitness Center Director Holly Ayers, describes the fitness ball class as a low impact exercise course designed to strengthen, tone and increase overall core muscles. "Exercises utilizing the fitness ball will help students develop their core strength and stability, motor control and muscle endurance without adding bulk." She adds, "Students should be ready to challenge their entire body and have a great time!"

All exercises are done on the stability balls and/or floor mats. This class is designed for beginners or the advanced fitness guru. Cost for the class is \$50, and includes the fitness ball. Space is limited, therefore advance registration is required. For more information or to register for the course, call 870-368-2090, email [hayers@ozarka.edu](mailto:hayers@ozarka.edu), or stop by the Paul Miller Fitness Center.



## Ozarka College

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*Our Mission is to  
Provide Life Changing  
Experiences Through  
Education.*

## LPN Application Deadline Approaches for Fall

Ozarka College is currently accepting applications from those wanting to enroll for the 2010 Fall classes of Licensed Practical Nursing program in Ash Flat, Melbourne, and Mountain View. Applications are being considered for the 18-month program at Melbourne, the 11-month programs at Ash Flat and Mountain View, as well as the new 11-month evening and weekend program at Melbourne.

To be eligible for the nursing program, students must be currently enrolled in the four pre-requisite courses or have previously completed the required pre-requisites. Students that are eligible must also take the TEAS and Wonderlic exams offered from April 12-16 at the Melbourne campus.

The deadline of April 1st is quickly approaching. To apply, students can complete the online application for admission and select LPN as the program of study. Once students complete the application process, testing with the admissions office must be scheduled by calling 870-368-2024. Test scores from a prior semester will not be considered.

Study guides for the TEAS are available in the bookstore at each Ozarka location in Ash Flat, Melbourne, and Mountain View. There are a limited number available for check-out in the library. Career Pathways students may be able to check one out from career pathways office.

In addition, letters of work experience should be submitted directly to the nursing department. For more information about the LPN programs offered at Ozarka College or if you have any questions please contact either Nursing or Admissions at 870-368-7371.