

Career Pathways

Your Path to a Brighter Future

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CPI welcomes Lindsay Galloway

Career Pathways would like to welcome Lindsay Wilson-Galloway as our new Student Advisor/Counselor. Lindsay will be serving Career Pathways students at Melbourne and Mountain View.

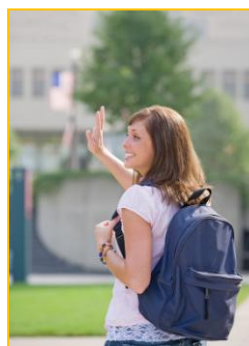
Lindsay is an Ozarka success story. She completed an AA General Education degree from Ozarka College in the spring of 2003; went on to earn a Bachelor's degree from Arkansas State University Mountain Home in the fall of 2005, and followed through at ASUMH with a Masters in Business Administration in the summer of 2007.

Lindsay has utilized her degrees to work with the Arkansas Department of Human Services Division of Child Care and Early Childhood Education processing child care applications for working and student families. Lindsay later

became an ABC teacher for preschool and quickly rose to the level of director of the child care facility. Students may recognize Lindsay as most recently working part-time at the Mtn. View Ozarka site for Director of Operations, Gin Brown.

Lindsay's family has deep roots in Stone County. Lindsay and husband, Joe, have three children: 14 year-old son, Isaac; 6 year-old daughter, Preslee; and 4 year-old son, Markus.

Asked to describe her new role with Career Pathways, Lindsay said, "I am excited about the services that CPI provides to the students because those services can and will assist students in overcoming boundaries that would otherwise prevent them from succeeding in their educational and employment goals."



The secret of success in life is for one to be ready for opportunity when it comes.

Earl of Beaconsfield

Career Pathways Office Locations and Hours

Career Pathways serves all four Ozarka locations: Melbourne, Mountain View, Ash Flat and Mammoth Spring.

The Melbourne office (located in the bookstore building) is open Monday through Friday from 8 a.m. to 4:30 p.m. A representative is available

daily to assist you with your CPI needs and questions.

The Mountain View office is open for business Mondays by and Tuesdays from 9 a.m. to 3 p.m. each day.

The Ash Flat office is open for business Tuesdays and Wednesdays 8 a.m. to 3 p.m.

A representative is available in Mammoth Spring on Wednesdays and Thursdays from 10 a.m. to 3 p.m.

Appointments are usually not necessary. Stop by anytime!

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CPI Book Loan Library Serves Record Number



Requests for books from the Career Pathways book loan library poured in from April until August, culminating in a record total of 223 Ozarka students being awarded textbook loans for the fall 2011 semester.

A grand total of 886 books were loaned to those 223 students. That total includes books distributed to general education students and Ozarka's incoming LPN classes.

The loan library assists

Career Pathways students by supplying books to borrow for the semester. Book request forms can be picked up in any CPI office or printed from the Ozarka.edu website, and must be submitted with a schedule of the upcoming semester's classes.

The number of books is limited, so awards are strictly on a first-come, first-serve basis. Whether or not a student is awarded a book is based on when the request

was received and the availability of the requested book(s).

*Just a Reminder: Books loaned out for the fall 2011 semester are due to be returned no later than **December 16**, but can be returned any time prior to that date in the event of a class withdrawal or early completion of a final exam. Call Kendra "The Book Lady" Smith at 368-2043 for details.

A Word from the Director...

Success is dependent on work. It is very rare for someone to achieve success without investing a great deal of time and commitment and even more rare for them to remain successful.

Earning a college degree is definitely an achievement that requires dedication and sacrifice. Students are required to make decisions and set priorities that may take them out of their comfort zone but the rewards eventually come in the form of success.

Giving up time with family and friends, putting off housework and laundry, scheduling classes around work or work around classes and giving up sleep for study time are some of the ways students are required to sacrifice in order to juggle all the demands in their lives, also known as work.

Students make it through college every year even when they aren't sure they will. And every year we see students reach their goals and become

success stories. I am constantly amazed at the amount of responsibilities I see students balancing and the amount of work they invest in their educations.

I have confidence in each of you that you will achieve success and I am proud of each of your accomplishments no matter how big or how small. The Career Pathways staff supports your efforts and looks forward to hearing about each of your successes.

Kim Lovelace, CPI Director

"The only place where success comes before work is in a dictionary."

—Vidal Sassoon

A Blueprint for Achievement – A Poem

BELIEVE while others are doubting.

PLAN while others are playing.

STUDY while others are sleeping.

DECIDE while others are delaying.

PREPARE while others are daydreaming.

BEGIN while others are procrastinating.

WORK while others are wishing.

SAVE while others are wasting.

LISTEN while others are talking.

SMILE while others are pouting.

COMMEND while others are criticizing.

PERSIST while others are quitting.

Author Unknown



The Story of the Butterfly – Author Unknown

A man found a cocoon of a butterfly. One day a small opening appeared. He sat and watched the butterfly for several hours as it struggled to squeeze its body through the tiny hole. Then it stopped, as if it couldn't go further. So the man decided to help the butterfly. He took a pair of scissors and snipped off the remaining bits of cocoon. The butterfly emerged

easily but it had a swollen body and shriveled wings. The man continued to watch it, expecting that any minute the wings would enlarge and expand enough to support the body. Neither happened! In fact the butterfly spent the rest of its life crawling around. It was never able to fly. What the man in his kindness and haste did not understand: The restricting cocoon and the struggle

required by the butterfly to get through the opening was a way of forcing the fluid from the body into the wings so that it would be ready for flight once that was achieved. Sometimes struggles are exactly what we need in our lives. Going through life with no obstacles would cripple us. We will not be as strong as we could have been and we would never fly.



College Student's Guide to Career Goals – From myGoals.com

College is about many things, from learning about specific subjects to increasing your knowledge through a broad range of new and different experiences. But for almost everybody, including those who plan to get more education, college is, at its core, primarily concerned with one thing: preparing you for a career.

College in no way makes you an expert in any field. Only experience will do that. But what college *can* do is make you qualified to embark on a path to gain that experience. It gives you the necessary

skills to start on a journey that probably would not have been an option had you not taken time to get your degree.

But the degree alone is not enough to ensure that such a journey will begin anytime soon. What you need, in addition to a diploma (along with the knowledge and skills it embodies), is a *plan*. Without a plan, you're leaving your fate up to chance, which means you could end up anywhere. It's grim but true—there are over-qualified, under-employed college grads waiting tables in every city in the country. But even during

tough times, there are also graduates who end up on stellar career paths, immediately upon leaving school.

What is the difference between the two? Raw talent? Connections? Luck? Yes, sometimes. There is one thing that consistently differentiates between those who let life happen to them and those who take active control over their own careers, lives, and destinies. To get where you want to go, you must make some decisions, and then make a **plan**.

“Without a plan, you're leaving your fate up to chance, which means you could end up anywhere.”

September Gas Card Distribution Dates

September is the first full month of the fall semester. It's busy... you're busy... and we're there to help you along the way!

Special dates to remember in September are gas card distribution dates.

Gas cards will be distributed **September 12th through 16th**

in Melbourne, **Sept. 12th and 13th** in Mtn. View, **Sept. 13th and 14th** in Ash Flat and **September 14th and 15th** in Mammoth Spring.

To receive a gas card, CPI students must submit an attendance sheet and employment verification form. Students who receive a gas card must also have on

file a mileage printout from Mapquest listing at least 15 miles travelled to classes each week. Those receiving a gas card will also receive blank forms to submit the following month.

If you have any questions regarding the gas card process, please call 368-2041.



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pathways

Career Pathways is a state-funded program that can assist eligible students with the academic and financial obstacles that they may face while going to school. CPI offers the following services:

- Tutoring
- Counseling
- Academic Advising
- Kuder Interest Inventory
- Career Readiness Certificates
- Resume Building
- Interview Skill Building
- Job Search Assistance
- Tuition & Fee Assistance
- Gas Cards
- Childcare Assistance
- Book Loan Library

Your Path to a Brighter Future



Tips for Non-Traditional College Students

Non-traditional college students are defined as college students who are 25 years of age or older. Some non-traditional students entered the workforce directly after high school. Others did not attend college due to lack of funding or other reasons. Non-traditional students are just as motivated to earn a degree as their younger counterparts; however, many are balancing school with jobs and families. Following are some tips to help a non-traditional student excel academically and achieve their goal of earning a college degree.

Take advantage of online courses or online degree programs. With online courses, you can complete the required work from home, on

your own time. If you have kids, this can mean not having to get a babysitter and it can save you from having to travel across town to attend class in-person.

If you work full-time, see if your employer offers tuition assistance. Some employer-sponsored programs will support college students in any major. Others will reimburse you for courses directly related to your job or the industry in which you work. Typically, you will pay for your class up front and upon satisfactory completion of the course; your employer will remit the cost of tuition to you.

Schedule a campus tour so that you know just what resources are available to you

*as a registered student. Employment assistance is offered to students at most colleges. **At Ozarka College, Career Pathways has a variety of career readiness services, including resume building, interview skill building and job search.***

Start your degree program with classes that play to your strengths. If you're not good at math, try not to take a math class during the first semester if possible. Starting off with classes in which you do well will give you a psychological boost in preparation for tackling more challenging courses.

Source:
<http://www.aesa.org/tips-for-non-traditional-college-students.htm>