

Enrollment Options

Posted At : November 1, 2010 7:57 AM | Posted By : Stacy Gore

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In order to utilize the fitness center and it's programs participants must be registered in one of the following courses:

Fitness Center I (PHED 1101)-1 credit hour

Fitness Center II (PHED 2101)-1 credit hour

Lifetime Fitness (PHED 2201)- 1 credit hour

Introduction to Fitness (Continuing Education, no college credit)

Employee Wellness (Continuing Education, no college credit)

The fitness center coordinator can assist you with the enrollment process. Please feel free to contact us with any questions or concerns you may have.

Please contact Stacy Gore at 368-2090 or email at stacy.gore@ozarka.edu for more information.