Upcoming Classes and Programs

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Intro to Fitness (Continuing Education for community members and students, \$134 per semester, \$64 for participants 60 years and older)
Employee Wellness (Continuing Education for employees, no cost)

Please contact the fitness center at 368-2090 for the most up to date schedules and offerings.

For more information or to register, contact Stacy Gore at 870-368-2090 or email stacy.gore@ozarka.edu.